

South Portland, Maine

Starting Point: Spring Point Light, at bottom of hill on Fort Rd at Southern Maine Community College

At	Go	Onto	For	Travel Information
0.0	S	Osprey Ln	0.3	Follow water and continue left through parking lot at boat ramp
0.3	R	Benjamin W Pickett St	0.1	At stop sign
0.4	S	Breakwater Dr	0.1	At stop sign, cross Broadway
0.5	R	Madison St	0.5	To Bug Light - Start of the Eastern Trail (ET), turn R to parking lot
1.0	Retrace Route	To Breakwater Dr	0.5	
1.4	S	South Portland Greenbelt (ET)	1.6	Follow path and use caution when crossing streets.
3.0	S	South Portland Greenbelt (ET)	0.7	Walk bicycles across intersection at traffic lights at Waterman Dr and Broadway (2 crossings). Look for Kiosk on west side to continue on Greenbelt.
3.7	L	Chestnut St	0.2	Stop sign at Elm St
3.9	R	N Kelsey St	0.0	Greenbelt on left
3.9	S	South Portland Greenbelt (ET)	0.5	
4.4	S	South Portland Greenbelt (ET)	1.9	Cross both Broadway and Evans St at light. Continue on Greenbelt through Wainwright Recreation Complex.
6.3	L	Gary L. Maietta Pkwy	0.4	End of Greenbelt, Rest Rooms available here.
6.6	R	Highland Ave	1.8	
8.4	L	Highland Ave	1.0	At stop sign
9.4	R	Black Point Rd, ME 207	0.8	At stop sign
10.3	L	Eastern Rd / Eastern Trail (ET)	2.5	Pavement ends after 1/3 mile.
12.8	L	Pine Point Rd, ME 9	0.3	
13.1	R	Old Blue Point Rd	0.7	
13.7	L	Milliken Mills Rd	1.0	
14.7	BL	Portland Ave	1.7	
16.3	L	Walnut Street	0.4	
16.7	R	Milliken Street	0.4	
17.1	S	First Street	0.2	Slight jog to the left as you cross Old Orchard St.
17.3	R	REST STOP	0.0	Memorial Park
17.3	R	First Street	0.5	
17.8	L	Union Avenue	0.1	Cross West Grand Ave., ME 9
17.9	R	Seaside Avenue	0.7	
18.6	R	New Salt Road	0.1	
18.7	L	West Grand Ave, ME 9	0.9	Name changes to Seaside Ave. after crossing creek.
19.7	S	Seaside Ave	1.3	Split with 100 mile ride here.
21.0	S	Main Ave (becomes North Ave)	0.3	Follow road as it curves right at beach
21.3	BR	Into Parking Lot	0.1	Wood Island Light visible from pier at Camp Ellis.
21.4	S	Eastern Ave	0.2	Out of parking lot
21.5	R	North Ave (becomes Main Ave)	0.2	At stop sign. Follow road around Left bend.
21.7	R	Camp Ellis Ave	0.1	
21.8	L	Ferry Rd. ME-9	3.1	
24.9	R	Old Orchard Rd	1.3	Rejoin 100 mile ride here.
26.1	R	Temple Ave	1.3	
27.4	L	West Grand Ave, ME 9	0.6	
28.0	L	Union Avenue	0.1	
28.0	R	First Street	0.2	Optional Rest Stop. (100 miles rider rest stop at Memorial Park. You can keep going 12.3 miles to Ferry Beach rest stop).
28.2	S	Milliken Street	0.4	Slight jog to the left as you cross Old Orchard St.
28.6	R	Walnut Street	0.1	
28.7	L	East Grand Ave., ME 9	1.9	
30.6	R	Pine Point Rd	0.1	Split with 100 mile ride here.

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30.7	L	King St	0.6	Rest rooms in parking lot
31.2	Retrace Route	King St	0.6	
31.8	R	Pine Point Rd	0.1	
31.9	S	Pine Point Rd, ME 9	1.9	Rejoin 100 mile ride here.
33.8	R	Eastern Trail / Eastern Rd	2.5	Across Scarborough Marsh
36.3	R	Black Point Rd, ME 207	3.9	Continue S at ME 77 intersection to stay on Black Point Rd
40.1	R	Ferry Rd	0.3	To Ferry Beach
40.4	L	REST STOP	0.0	Ferry Beach
40.4	Retrace Route	Ferry Rd	0.3	
40.8	R	Black Point Rd	1.1	To Prouts Neck. Wood Island Light is visible across the water.
41.9	Retrace Route	Black Point Rd	2.4	To Spurwink Rd, ME 77
44.2	R	Spurwink Rd, ME 77	1.1	
45.3	R	Ocean Ave	0.5	
45.8	L	Bayview Ave	0.2	At end of Ocean Ave
46.0	L	Vesper St	0.1	
46.2	L	Greenwood Ave	0.2	
46.3	R	Ocean Ave	0.4	
46.7	R	Spurwink Rd, ME 77	4.2	
50.9	R	Kettle Cove Rd	0.6	Just beyond Ice Cream Store
51.5	S	REST STOP	0.0	Kettle Cove
51.5	Retrace Route	Kettle Cove Rd	0.2	To Fessenden Rd
51.7	R	Fessenden Rd	0.2	
52.0	R	Two Lights Rd	1.0	BL in 0.3 mi to stay on Two Lights Rd. 1st of Two Lights at end, 2nd of Two Lights visible above trees looking west.
53.0	Retrace Route	Two Lights Rd	1.0	To Fessenden Rd
53.9	S	Two Lights Rd	0.7	To ME 77
54.7	R	ME 77	0.2	
54.9	R	Old Ocean House Rd	1.3	
56.1	R	Ocean House Rd, ME 77	0.5	
56.6	R	Shore Rd	2.3	
58.9	R	Fort Williams Park Rd	0.5	To Portland Head Light . Ram Island Ledge Light and Halfway Rock Light are visible from here on a clear day.
59.5	Retrace Route	Fort Williams Park Rd	0.5	To Shore Rd
60.0	R	Shore Rd	0.8	
60.8	BR	Preble St	0.9	
61.6	R	Fort Rd	0.3	
62.0		Southern Maine Community College		End of Ride